

A background image featuring several white cosmos flowers with yellow centers, set against a clear blue sky. The flowers are in various stages of bloom, with some fully open and others as buds. The overall tone is bright and cheerful, suggesting a spring theme.

# NEEDHAM

## PARK & RECREATION

### SPRING 2022

#### ACTIVITIES & EVENTS

**Registration Begins Monday,  
February 28th at 9:00am!**



NEEDHAM PARK AND RECREATION IS HIRING!

# WE WANT YOU ON OUR TEAM!

*Lifeguards, Water Safety Instructors,  
Pool Maintenance, Booth Attendants*

APPLY TODAY!

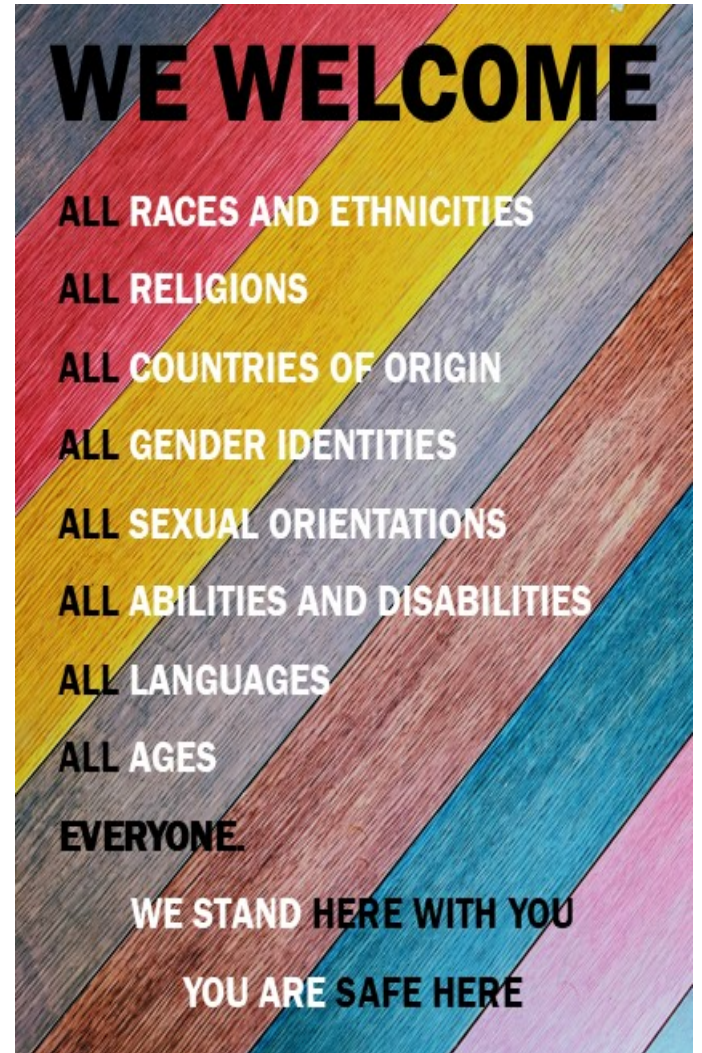


[www.needhamma.gov/ParkandRecreation](http://www.needhamma.gov/ParkandRecreation) | [www.facebook.com/NeedhamRecreation](https://www.facebook.com/NeedhamRecreation) | [@NeedhamPandR](https://www.instagram.com/NeedhamPandR) | [@NeedhamP&R](https://twitter.com/NeedhamP&R)

# NEEDHAM PARK & RECREATION

## **Table of Contents**

WHO ARE WE?	PAGE 5
WHERE CAN YOU FIND US?	PAGE 6
SOCIAL MEDIA LINKS	PAGE 6
IMPORTANT TOWN NUMBERS	PAGE 6
REGISTRATION INFORMATION	PAGES 7-8
HOLIDAYS	PAGE 8
SIGN UP FOR NOTIFICATIONS	PAGE 8
CREATE YOUR NEW ACCOUNT!	PAGE 9
SPECIAL EVENTS	PAGES 10-11
PRESCHOOL PROGRAMS	PAGE 12
KIDS NIGHT OUT	PAGE 13
YOUTH PROGRAMS	PAGES 14-20
EARLY RELEASE DAY PROGRAMS	PAGES 21-22
APRIL VACATION PROGRAMS	PAGES 23-24
E-SPORTS WITH GG LEAGUES	PAGES 25-26
ADULT PROGRAMS	PAGES 27-29
COMMUNITY RESOURCES	PAGES 30-32
PARKS, FIELDS, PLAYGROUNDS	PAGES 33-34
HOW DO I RESERVE...?	PAGE 35
STAY TUNED!	PAGE 36





**NEEDHAM PARK AND RECREATION IS HIRING!**

**WE WANT  
YOU ON OUR  
TEAM!**

***Counselors, Group Leaders,  
Activity Instructors***

**APPLY TODAY!**



[www.needhamma.gov/ParkandRecreation](http://www.needhamma.gov/ParkandRecreation) | [www.facebook.com/NeedhamRecreation](https://www.facebook.com/NeedhamRecreation) | [@NeedhamPandR](https://www.instagram.com/NeedhamPandR) | [@NeedhamP&R](https://www.twitter.com/NeedhamP&R)



# NEEDHAM PARK & RECREATION

## *Who are we?*



**Stacey Mulroy**

*Director*

[smulroy@needhamma.gov](mailto:smulroy@needhamma.gov)

**Fabien Desrouleaux**

*Assistant Director*

[fdesrouleaux@needhamma.gov](mailto:fdesrouleaux@needhamma.gov)



**Chris Burnham**

*Recreation Supervisor*

[cburnham@needhamma.gov](mailto:cburnham@needhamma.gov)

**Kim Parsons**

*Administrative Assistant*

[kparsons@needhamma.gov](mailto:kparsons@needhamma.gov)



The Department is overseen by the Park and Recreation Commission, made up of the following members:

Cindy Chaston, Chair

Chris Gerstel, Vice Chair

Michelle Geddes, Member

Dina Hannigan, Member

Bruce Williams, Member

### Responsibilities of the Commission:

Empowered by Chapter 45 of the General Laws of the Commonwealth of Massachusetts, the Park and Recreation Commission:

- Serves as steward of over 300 acres of land
- Oversees and schedules all outdoor athletic facilities
- Oversees the Pools at the RRC
- Develops long-range plans related to open space and recreation
- Coordinates and provides support services to many community organizations
- Provides youth leadership training and volunteer resource development



# NEEDHAM PARK & RECREATION

## *Where can you find us?*

**Stop by the office at:**

Rosemary Recreation Complex  
178 Rosemary Street  
Needham, MA 02494

Give us a call at:  
781.455.7930

Email us at:  
[parkandrecreation@needhamma.gov](mailto:parkandrecreation@needhamma.gov)

Visit our informational site at:  
<https://www.needhamma.gov/495/Park-Recreation>

Register for programs, activities and events at:  
<http://www.needhamprograms.com>

**Follow us at:**



<https://www.facebook.com/NeedhamRecreation>



<https://www.instagram.com/needhamrecreation/>



<https://twitter.com/NeedhamPandR>



<https://www.youtube.com/channel/UCNG7EokdtVl4EUoOFmLDMFw>



## **Important Town Numbers**

COA	781.455.7555
Conservation	781.455.7550 x248
DPW	781.455.7550
Fire	781.455.7580
Housing	781.455.7550 x220
Library	781.455.7559
MBTA	617.222.3200
Police	781.455.7570
Public Health	781.455.7940
Public Schools	781.455.0400
RTS	781.455.7568
Town Hall	781.455.7500
Youth & Family	781.455.7500 x267



## **Registration Information**

### **Registration Quick Notes**

- There are no guarantees for any method of registration, so choose the method most comfortable to you.
- Remember to put your name on the waitlist if a space is not available; no payment is collected for a space on waitlist.
- All programs are offered to Needham residents on a first come, first served basis, including any students attending the Needham Public Schools.
- Scholarships can be processed by email, mail, or in person.
- Credits may be used online.

### **Registration**

Register for all Park & Recreation programs online, in the office, or by mail. Participants are accepted on a first come, first serve basis. If the class is FULL, you can be placed on a waitlist. If an opening becomes available, we will contact you. Due to the number of registrations, we do not confirm placement. If you do not hear from us, you should assume you are enrolled.

### **Non-Residents**

Non-Needham Residents may register the Wednesday before a program begins, on a space-available basis.

### **Financial Assistance**

Financial assistance is available to Needham Residents. Please contact us at 781.455.7930 or [parkandrecreation@needhamma.gov](mailto:parkandrecreation@needhamma.gov).



### **Cancellations**



The Park & Recreation Department reserves the right to cancel programs which do not support themselves. If a class must be cancelled due to weather, instructor illness, facility issues, etc., the Department will make every effort to contact participants. No classes are held when the Needham Public Schools have been cancelled. If a class is cancelled, you will be notified regarding a make up class.

### **Refund Policy**

The Commission has a NO REFUND policy unless the program is cancelled or there are special circumstances. In most cases, credits are given and do not expire. All requests need to be submitted to Park and Recreation **in writing** to [parkandrecreation@needhamma.gov](mailto:parkandrecreation@needhamma.gov).

### **Accessibility**

The Park & Recreation Department strives to make all of our programs accessible to all. If participants have special needs, please contact the Director in advance.

### **Park Donations**

You can make a donation on your registration form or write a separate check in honor of your favorite park. All gifts will be placed in the Trust Fund for Parks, and will be used for park improvements. Call 781.455.7930.



# NEEDHAM PARK & RECREATION

## **Registration Information**

### **COVID-19: Masking Guidelines**

All participants are encouraged and welcome to wear a mask while indoors or outdoors. At any of our youth indoor programs, our staff and instructors will be wearing masks. We encourage everyone to:

- Get Vaccinated
- Wear a mask indoors
- Keep a safe distance from others whenever possible
- Wash your hands often
- Get Boosted!

### **Lost & Found**

Please call 781.455.7930 if you've lost an article at a Park & Recreation park, facility, event, or program.

### **Typo, Errors, We Goofed!?**

Occasionally there may be an error or change in the day, times, fees or location in the brochure. If so, we will do everything possible to correct the situation promptly. Thank you for your patience and understanding should these situations arise.



## **NOTIFY ME**

### ***Programs do not meet on the following dates:***

February 21	President's Day
February 21-25	February Recess
April 18	Patriot's Day
April 18-22	April Recess
May 30	Memorial Day
June 19	Juneteenth
June 20	Juneteenth Observed
July 4th	Independence Day

***Classes are cancelled when the Needham Public Schools have been cancelled.***

**Notify Me** is a notification system that will send you an email or text message when new information is posted on the Town of Needham website, including program updates, field status and ice depths!!

1. Go to [www.needhamma.gov](http://www.needhamma.gov) and click on the 'Notify Me' bubble in the middle of the webpage.
2. Enter your email address (or cell phone number for text messages).
3. Select email type, HTML or Text
4. Select box for FIELD STATUS, RECREATION INFORMATION, and more!
5. Click the SUBSCRIBE button.

# NEEDHAM PARK & RECREATION

## Town of Needham - Community Programming



## ***We have changed our registration system!***

Follow these steps to set up your new account and begin signing up for programs:

1. Click [https://needhamprograms.myrec.com/info/household/add\\_step\\_01.aspx](https://needhamprograms.myrec.com/info/household/add_step_01.aspx)
2. Create your account
3. Add in all of your household members
4. Don't forget your emergency contact information
5. Sign up for newsletters and text messages by clicking:

<https://needhamprograms.myrec.com/info/household/notifications/default.aspx>





# NEEDHAM PARK & RECREATION

## **Free Special Events!**

### **Family Fishing Festival**

Everyone is welcome to join Needham Park and Recreation in enjoying a relaxing morning of fishing at the Needham Reservoir! A limited number of fishing rods and bait will be available to use while at the event.



**Day/Dates:** Saturday, May 21  
**Times:** 9:00am - 12:00pm  
**Location:** Needham Reservoir  
**Fee:** FREE

### **Nature in Your Neighborhood**

#### ***Nature, Science, and Art with Mass Audubon***

Tap into your creative side and explore the nature of Needham with Mass Audubon! Join us for a printmaking and nature journaling session to learn about local bird species, practice your observation skills, and explore signs of Spring.

**Staff:** Mass Audubon Staff  
**Ages:** 6-9  
**Dates:** Saturday April 3  
**Times:** 10:00am - 11:30am  
**Location:** Rosemary Recreation Complex  
**Min/Max:** 6/12  
**Fees:** FREE

### **Touch the Trucks**



Ever wondered what it would be like to climb into a sewer truck, an excavator, or a front-end loader? Little kids (and little kids at heart) are invited to climb into the Town of Needham's DPW trucks!!

**Dates:** Saturday, May 21  
**Times:** 9:00am - 12:00pm  
**Location:** DeFazio Parking Lot  
**Fees:** FREE

### **Nature in Your Neighborhood**

#### ***Hike with Mass Audubon***

Explore your local open space with Mass Audubon! Join us for a guided nature hike where you'll learn to identify signs of Spring out on the trail, practice birding techniques, and enjoy the outdoors with family and friends.

**Staff:** Mass Audubon Staff  
**Ages:** 6-9  
**Dates:** Saturday April 10  
**Times:** 10:00am - 11:30am  
**Location:** Needham Town Forest / Horsford Ponds  
**Max:** 10 Families  
**Fees:** FREE

### **Spring Town-Wide Clean-Up Day**

Come celebrate Earth Day with us! Join your neighbors as we clean up the town from the tough winter. Supplies will be provided at the Rosemary Recreation Complex. We ask that you pre-register with the number of participants so that we can have enough supplies. Have a favorite park or trail you'd like to give a little extra TLC? Let us know so we can assign you there!

**Dates:** Saturday, April 30, and Sunday May 1

**Supply Pick Up Times:** 9:00am - 5:00pm Friday April 29, 9:00am - 12:00pm Saturday April 30

**Supply Pick Up Location:** Rosemary Recreation Complex Offices

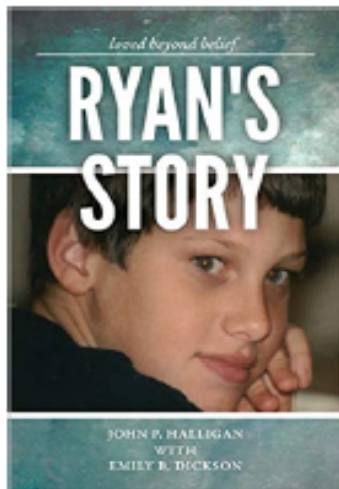
**Fees:** FREE

Want to come with a group? Email Park and Recreation ([parkandrecreation@needhamma.gov](mailto:parkandrecreation@needhamma.gov)) with the total number of people and we will arrange your clean up site before April 20th.

## BUILDING RESILIENCY THROUGH EMPOWERMENT

### A Father's Hard-Earned Lessons about Cyberbullying and its Effects

Adolescence is more challenging than ever. Suicide is on the



rise – an increase linked to social media and smartphone use. John Halligan's son, Ryan, died by suicide after being bullied by classmates at school and online. He was only 13 years old. Mr. Halligan's presentation will cover the lessons learned for his family regarding how to deal with bullying, cyberbullying, and teen depression. His focus is on the challenges and practical approaches.

Made possible through the support of the Needham Exchange Club, Needham Exchange Foundation, and these partners:



NEEDHAM  
FREE  
PUBLIC  
LIBRARY

***Inviting all parents and middle school students of  
our community!***

Visit [ryanpatrickhalligan.org/rsvp](https://ryanpatrickhalligan.org/rsvp) to register for the  
March 1 parent Zoom event!

Visit [www.NeedhamPrograms.com](https://www.NeedhamPrograms.com) to register for one of  
the March 16 events!

March 1, 2022

7:00 PM

BY ZOOM  
For Parents Only

March 16, 2022

2:00 PM

Rosemary  
Recreation Center  
178 Rosemary St

For Students Only

March 16, 2022

6:30 PM

Pizza Included!

Powers Hall  
1471 Highland Ave

For  
Students & Parents

Presented By:  
John Halligan,  
Author, and  
Motivational  
Speaker



## **Preschool Classes**

### **Music Together**

Music Together is about connecting with music, with your child, and with other families in your community. Parents and caregivers, regardless of musical ability, create a stimulating and rich environment that supports overall development. We provide you with the tools and resources you need (songbooks, guides and a handy app for parents) to continue the music-making at home, so you can nurture your child's musical growth and realize the amazing benefits of music all the time, anytime. In addition, families will receive an email the day before class with the items we will be using for class that they can bring from home.

**Staff:** Music Together Staff  
**Ages:** 0 - 5  
**Section 1:** Tues, 4/5 - 5/24, 10:00am - 10:45am  
**Section 2:** Tues, 4/5 - 5/24, 11:00am - 11:45am  
**Section 3:** Thurs, 4/7 - 5/26, 10:00am - 10:45am  
**Section 4:** Sun, 4/10 - 5/29, 10:00am - 10:45am  
**Section 5:** Sun, 4/10 - 5/29, 11:00am - 11:45am  
**Location:** Claxton Quarry  
**Min/Max:** 5/12  
**Fee:** \$250 (\$160 for each additional sibling)



### **Puddlestompers**

Our Child/Adult classes offer a safe and fun way for your youngsters to get outside and exploring the natural community around them! Each class is organized around a seasonally relevant topic (ex: Grasshoppers, Fall Leaves, Winter Birds, Signs of Spring, & more!), that we will investigate through a combination of hands-on exploration, active movement, outdoor play, games, songs, crafts, and stories.

**Staff:** Puddlestompers Staff  
**Ages:** 2.5 - 5  
**Dates:** 4/6 - 6/1  
**Section 1:** Wednesdays, 10:30am - 11:25am  
**Section 2:** Wednesdays, 11:30am - 12:25pm  
**Location:** Rosemary Recreation Complex  
**Min/Max:** 4/9  
**Fee:** \$239





# NEEDHAM PARK & RECREATION

## **Kids Nights Out**

Give yourself the night off and treat your child to a supervised night of fun and interactive games, unique craft projects, a pizza dinner AND a movie! *PJs and sleeping bags are not required but are allowed & encouraged!*

**Staff:** RRC Staff  
**Ages:** Grades K - 5  
**Day/Time:** Fridays, 5:30pm - 9:00pm  
**Dates:** 3/4, 4/1, 5/5, and 6/3  
**Location:** Rosemary Recreation Complex  
**Min/Max:** 10/25  
**Fee:** \$35



### **2022 – FAQs**

#### ***Are masks/face coverings required?***

- We encourage and welcome wearing masks while indoors. Our staff will be wearing masks whenever we are indoors.

#### ***What about when eating dinner?***

- Participants will eat at least 6 ft apart. Siblings may eat together.

#### ***What is the schedule for the night?***

- Between 5:30 and 6:15, participants can play games, do crafts, color, or play with our toys. At 6:15, we will clean up and get ready for dinner. At 6:30, dinner will be served. Between 7:00 and 7:15, we will start the movie. The movie will usually run until 8:30, at which point we will start packing up everyone's things and playing some games until pick up at 9:00.

#### ***What is served for dinner?***

- Plain cheese pizza from Nicholas' Pizza and water.

#### ***What should participants bring with them?***

- Masks are required. We recommend bringing a water bottle and a blanket, towel or sleeping bag





## Youth Classes

### Archery For Beginners

Relax and take aim for your target and feel the thrill of the success when your patience and concentration pays off. All equipment is provided. Led by certified USA and National Field Archery Instructors.

**Staff:** On the Mark Archery Staff

**Age:** Grades 4 to Grade 6

**Section 1:** Friday, 4/8—5/13, 3:30pm - 4:30pm

**Section 2:** Friday, 5/20—6/10, 3:30pm - 4:30pm

**Age:** Grades 7 to Grade 12

**Section 1:** Friday, 4/8—5/13, 4:40pm - 5:40pm

**Section 2:** Friday, 5/20—6/10, 4:40pm - 5:40pm

**Location:** Claxton Quarry

**Min/Max:** 8/10

**Fee:** \$162



### After-School Glass Fusing

Students will learn the basics of glass fusing to create fused glass art pieces of their own design. Every week we will build on those skills to challenge ourselves and explore deeper the world of glass fusing!

**Staff:** The Glass Bar Staff

**Age:** 8 - 16

**Dates:** 4/7 - 5/5

**Day/Time:** Thursdays, 3:30pm - 5:00pm

**Location:** The Glass Bar

**Min/Max:** 4/12

**Fee:** \$210



### Chemical Creations

Come experience a hands-on world of fun as you conduct a variety of scientific experiments! You will work on and take home your very own Chemistry Lab Kit complete with test tubes, safety goggles, and more! Learn and discover many different scientific concepts in an entertaining and innovative approach. You will also make and take home some really cool chemical creations! Learn all about energy and molecules, create a crazy bouncy glob from glue, some scary green slime and many other exciting experiments in this fascinating and educational program!



**Staff:** Minds in Motion Staff

**Ages:** 6 - 11

**Dates:** 4/5 - 5/31

**Day/Time:** Tuesdays, 4:45pm - 5:45pm

**Location:** Rosemary Recreation Complex

**Min/Max:** 6/14

**Fee:** \$145

### Gender-Inclusive Basketball

Using our progression based curriculum and focusing on the whole player, we teach your child the skills they need for both on and off the court to be a better athlete. Our sport specific staff will focus on respect, teamwork and responsibility as they will start each day with a 'skill of the day' and progress in to drills and games making an unforgettable camp experience for your young athlete.

**Staff:** Skyhawks Sports Staff

**Age:** 7 - 12

**Dates:** 4/7 - 5/19

**Day/Time:** Thursdays, 6:00pm - 7:00pm

**Location:** Pollard Middle School Green Gym

**Min/Max:** 8/20

**Fee:** \$85



# NEEDHAM PARK & RECREATION

## Youth Classes

### **GOTR: Girls on the Run**

Girls on the Run (GOTR) is much more than a running program - we inspire girls to be joyful, healthy, and confident through the implementation of our evidence-based curriculum. Girls will meet with trained coaches twice-weekly for 90 minutes. The season concludes with a celebratory 5k with hundreds of girls from local towns coming together.

**Staff:** GOTR Coaches and Staff  
**Dates:** Week of April 4 - Week of June 13  
**Section 1:** M/W - 4:45PM - 6:15PM - Grade 3-5  
**Section 2:** T/Th - 4:45PM - 6:15PM - Grade 5 Only  
**Section 3:** W/Sun - 4:45PM - 6:15PM - Grade 3-5  
**Location:** DeFazio Track  
**Min/Max:** 8/18  
**Fee:** \$235



### **GOTR: Heart and Sole**

Heart & Sole (HS) is much more than a running program - we inspire girls to be joyful, healthy, and confident through the implementation of our evidence-based curriculum. Girls will meet with trained coaches twice-weekly for 90 minutes. The season concludes with a celebratory 5k with hundreds of girls from local towns coming together.

**Staff:** GOTR Coaches and Staff  
**Age:** Grades 6-8  
**Dates:** Week of April 4 - Week of June 13  
**Day/Time:** T/TH, 4:45PM - 6:15PM  
**Location:** DeFazio Track  
**Min/Max:** 8/15  
**Fee:** \$235

### **Harry Potter: Books, Films and More**

Welcome to the Wizard training camp! Join us in exploring the wizarding world through fun crafts and games based on Harry Potter and the Sorcerer's



Stone. Each week participants will engage in fun crafts and activities that correlate with the chapters they have read that week. We will end our training together with a fun Wizard's Night Out movie watching event!

**Staff:** Lauren da Silva  
**Ages:** 8 - 11  
**Dates:** 4/6 - 6/1  
**Day/Time:** Wednesdays, 5:30pm - 6:45pm  
**Movie Day:** 6/10 5:00PM - 8:30PM  
**Location:** Rosemary Recreation Complex  
**Min/Max:** 6/15  
**Fee:** \$170



### **Junior Golf Lessons**

Harry will help provide a fun introduction to golf including the basics of the sport along with simple rules and etiquette. These lessons will include basic posture, putting and full swings.

**Staff:** Harry Rose  
**Ages:** 10 - 16  
**Time:** 4:30pm - 5:30pm  
**Section 1:** Tuesdays, 4/26 - 5/24  
**Section 2:** Wednesdays, 4/27 - 5/25  
**Location:** Needham Golf Club  
**Min/Max:** 4/10  
**Fee:** \$110



## Youth Classes



### Kids' Test Kitchen

Kids' Test Kitchen is on a mission to get young eaters cooking, tasting, and thinking about healthy ingredients! Working as a team, we'll slice, dice, peel, measure, and cook until we've prepared the finished dish. At the end, each student will receive the main ingredient, or a sample of the finished dish, and the recipe so that they can show off what they've learned!

**Staff:** Kid's Test Kitchen  
**Ages:** 6 - 11  
**Dates:** 4/7 - 5/19  
**Day/Time:** Thursdays, 4:00pm - 5:00pm  
**Location:** Rosemary Recreation Complex  
**Min/Max:** 8/12  
**Fee:** \$135

### KidZone

Join Park and Recreation staff for amazing arts and crafts! Using weekly themes, participants will create a wide variety of crafts using different mediums. Themes include Glittering Galaxies, Mystical Magic, Spring Showers, Incredible Insects, and much more!

**Staff:** RRC Staff  
**Ages:** 5 - 10  
**Dates:** 4/9 - 6/11  
**Day/Time:** Saturdays, 10:30am - 11:30am  
**Location:** Rosemary Recreation Complex  
**Min/Max:** 5/15  
**Fee:** \$125



### LEGO Adventures

Create your own LEGO adventure where you are the Master Builder!! Building models from your own imagination is creative and endlessly fun! Each child will have the opportunity to use many different minifigs, blocks, bricks, base plates and more! The LEGOs stay, but the memory is yours forever...each participant will go home with a framed photo of themselves holding their LEGO creation to show friends and family!

**Staff:** Diane Benson, M.Ed.  
**Ages:** 5 - 10  
**Time:** 3:00pm - 5:15pm  
**Session 1:** Tuesday, March 15 - Lego Star Wars  
**Session 2:** Thursday, March 17 - Lego Super Heroes  
**Session 3:** Tuesday, March 22 - Lego Friends  
**Session 4:** Thursday March 24 - Lego Jurassic Park  
**Location:** Rosemary Recreation Complex  
**Min/Max:** 6/20  
**Fee:** \$55 per session



### MA Sports League - Indoor Soccer

All players will gain the necessary skills and instruction during this time frame as well as competing weekly. This will serve as a solid stepping stone for the kids to further their participation in the sport of soccer. At the conclusion, each participant will receive a MASL t-shirt.

**Staff:** MA Sports League Staff  
**Ages:** 8 - 13  
**Dates:** 4/5 - 5/31  
**Day/Time:** Tuesdays, 6:00pm - 7:00pm  
**Location:** Pollard Middle School - Blue Gym  
**Min/Max:** 15/25  
**Fee:** \$160



# NEEDHAM PARK & RECREATION

## Youth Classes

### MA Sports League - Multisport

MA Sports Leagues offers a multi sport program that focuses on sportsmanship, perseverance and having fun! Participants will have the opportunity to play traditional sports including games like soccer, basketball, dodgeball, flag football, and kickball.



**Staff:** MA Sports League Staff  
**Ages:** 8 - 13  
**Dates:** 4/6 - 6/1  
**Day/Time:** Wednesdays, 6:00pm - 7:00pm  
**Location:** Pollard Middle School - Green Gym  
**Min/Max:** 15/25  
**Fee:** \$160

### NCT - Scene Work for Young Actors

This program will review basic aspects of theater including integrating movement and music into scene work for music productions and classical theater productions. Participants will work throughout the season on preparing for a short showcase production during the last session!

**Staff:** NCT Staff  
**Ages:** 8 - 11  
**Dates:** 4/1 - 6/10  
**Day/Time:** Fridays, 4:45pm - 5:45pm  
**Location:** Rosemary Recreation Complex  
**Min/Max:** 3/12  
**Fee:** \$155



### NCT - Spring Theater Fun

This program provides an introduction to theater including basic terminology, stage direction, set design and scene work. Participants will work through the season towards hosting production on the last day!

**Staff:** NCT Staff  
**Ages:** 6 - 8  
**Dates:** 4/1 - 6/10  
**Day/Time:** Fridays, 3:30pm - 4:30pm  
**Location:** Rosemary Recreation Complex  
**Min/Max:** 3/12  
**Fee:** \$155



### NCT - Tween/Teen Actors Spring Acting Workout

This exciting class is designed for actors in 7th through 12th grade to build, sharpen and showcase their acting and audition skills. Students will work on developing characters through challenging individual and ensemble work. This class will culminate in sharing their work at the final class session.

**Staff:** NCT Staff  
**Ages:** 12 - 17  
**Dates:** 4/7 - 6/2  
**Day/Time:** Thursdays, 7:00 - 9:00pm  
**Location:** Rosemary Recreation Complex  
**Min/Max:** 3/15  
**Fee:** \$335





## Youth Classes

### Puddlestompers Afterschool

Puddlestompers Afterschool is a great way to get your kids out and exploring after a day at their desks. Each class, we will investigate a different topic through science-based activities, hands-on exploration, active movement, stories, games, and crafts. Topics are designed to span all seasons and highlight what changes are happening in nature as the weather shifts.



**Staff:** Puddlestompers Staff  
**Ages:** 6 - 8  
**Dates:** 4/5 - 5/31  
**Day/Time:** Tuesdays, 3:15pm - 4:30pm  
**Location:** Rosemary Recreation Complex  
**Min/Max:** 3/12  
**Fee:** \$295

### Rhythm Kids

Sing, drum, play games and have fun in our unique drumming program for children ages 5-9. Featuring the African djembe, all activities are designed to increase your child's musical knowledge and abilities. All children receive a songbook, a CD, access to online materials, drumming tutorials and video play-alongs. This class is an optional drop off and will meet outside when the weather works.



**Staff:** Music Together Staff  
**Ages:** 5 - 9  
**Dates:** 4/11 - 6/6  
**Day/Time:** Mondays, 4:00pm - 4:45pm  
**Location:** Claxton Quarry  
**Min/Max:** 5/12  
**Fee:** \$250

### Super Science Kids

Come on a science journey! All experiments are hands on, engaging and FUN! Everything you make you will take home to share/show what you did with friends and family!



**Staff:** Diane Benson  
**Dates:** Wed, 3/16 and Wed, 3/23  
**Section 1:** Ages 4 - 5 from 1:15pm - 2:15pm  
**Section 2:** Ages 6 - 9 from 3:00pm - 4:00pm  
**Location:** 3/16 @ Memorial Park Field House  
3/23 @ Rosemary Recreation Complex  
**Min/Max:** 6/12  
**Fee:** \$55

### Step-By-Step Drawing with Creator Kidz

This course will work on stimulating and developing the essential fine motor skills that are associated with drawing and creating artwork. To begin each course, I will start by sketching the image. I will simultaneously be describing my creative process, technique, and rationale for everything I am doing—step by step. Students will be able to view my work from a camera positioned directly above my drawing hand. We typically draw images of land animals, birds, or sea creatures.



**Staff:** Creator Kidz Staff  
**Ages:** 8 - 18  
**Dates:** 3/6 - 4/10  
**Day/Time:** Sundays, 3:00pm - 4:00pm  
**Location:** Virtual  
**Min/Max:** 2/14  
**Fee:** \$265

# NEEDHAM PARK & RECREATION

## Youth Classes

### Storytime Adventures

Join Lauren in bringing new and exciting stories to life through themed crafts, activities and games. This program will focus on a different story each week and help to foster a lifelong love of reading!

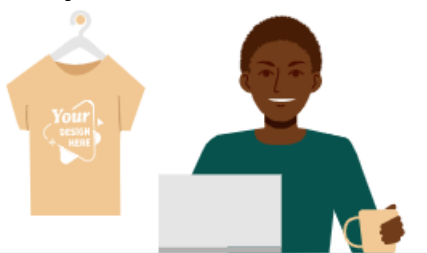


**Staff:** Lauren da Silva  
**Ages:** 6 - 9  
**Dates:** 4/4 - 6/6  
**Day/Time:** Mondays, 5:00pm - 6:15pm  
**Location:** Rosemary Recreation Complex  
**Min/Max:** 6/15  
**Fee:** \$130

### Teen Entrepreneurship Business Course:

#### Print-On-Demand

Come brainstorm and create your very own Print-On-Demand E-commerce business! Learn how to generate income by creating simple image or text designs and uploading them onto a 3rd party print-on-demand platform. Using these designs, you can sell all types of merchandise like t-shirts, water bottles, and more! With every sale, you will earn a commission while the print-on-demand platform handles printing, shipping, and all the customer details! You will also learn how to drive sales using the power of digital marketing. Come think like an entrepreneur and grow your own business! *(Participants will need their own laptop and social media accounts.)*



**Staff:** Minds in Motion Staff  
**Ages:** 13- 16  
**Dates:** 4/5 - 5/31  
**Day/Time:** Tuesdays, 6:00pm - 7:00pm  
**Location:** Rosemary Recreation Complex  
**Min/Max:** 6/12  
**Fee:** \$145

### USTA Tennis in the Parks

Led by an approved USTA Net Generation tennis coach, this program focuses on developing the skills to serve, rally and play. It's perfect for beginners and first time players. Once skills are built, players will have fun matches. This program uses modified tennis balls, age appropriate rackets and court sizes.

**Staff:** USTA Staff  
**Grades:** 1 – 2  
**Dates:** 4/4 - 5/16  
**Day / Times:** Mondays, 6:00pm - 7:00pm  
**Location:** Mills Tennis Courts  
**Min/Max:** 7/8  
**Fee:** \$65



NEW ENGLAND

### USTA Tennis in the Parks

Led by an approved USTA Net Generation tennis coach, this program focuses on developing the skills to serve, rally and play. It's perfect for beginners and first time players. Once skills are built, players will have fun matches. This program uses modified tennis balls, age appropriate rackets and court sizes.

**Staff:** USTA Staff  
**Grades:** 3 – 5  
**Dates:** 4/5– 5/17  
**Days / Times:** Tuesdays, 6:00pm - 7:00pm  
**Location:** Mills Tennis Courts  
**Min/Max:** 7/8  
**Fee:** \$65





# SPRING 2022

## Youth Classes



### USTA Tennis in the Parks

Led by an approved USTA Net Generation tennis coach, this program focuses on developing the skills to serve, rally and play. Once skills are built, players will have fun matches. This program uses modified tennis balls, age appropriate rackets and court sizes. Plus, we use the latest fun and engaging activities that help players learn!

**Staff:** USTA Staff  
**Grades:** 6 – 8  
**Dates:** 4/28– 6/2  
**Days / Times:** Thursdays, 6:00pm - 7:00pm  
**Location:** Mills Tennis Courts  
**Min/Max:** 7/8  
**Fee:** \$65

### Youth Dodgeball

Come join Logan in playing one of America's favorite games! Participants will be placed onto different teams and will play different variations of dodgeball each week.

**Staff:** Logan DeMaria  
**Grades:** 1 - 5  
**Dates:** 4/4 - 6/6  
**Day / Times:** Mondays, 6:00pm - 7:00pm  
**Location:** Pollard Middle School - Green Gym  
**Min/Max:** 12/24  
**Fee:** \$125



### Youth Volleyball

Logan will help introduce participants to the basics of volleyball and improve the skills of those already familiar with the sport. Participants will take part in different drills each week and will have a chance to play full matches against other participants.

**Staff:** Logan DeMaria  
**Ages:** 11 - 14  
**Dates:** 4/8 - 6/10  
**Day / Times:** Fridays, 6:00pm - 7:00pm  
**Location:** Pollard Middle School - Green Gym  
**Min/Max:** 8/16  
**Fee:** \$125



### *Top 10 Activities to do Outside this Spring!!*

10. Take part in the Town Wide Spring Clean Up on (insert date)
9. Go on a picnic
8. Decorate your sidewalk with chalk
7. Fly a kite
6. Start a garden
5. Attend the Family Fishing Festival
4. Go on a long bike ride
3. Go mini-golfing
2. Enjoy a barbeque
1. Go for a hike on one of Needham's trails

# NEEDHAM PARK & RECREATION

## **Early Release Day Programs**

Trips with Needham Park & Rec!

Come spend the afternoon with Needham Park and Recreation! We will be traveling by bus to one of the below locations and taking part in all of the exciting activities they have to offer. Some trips offer a lunch. Our bus will travel to each elementary school and pick up the kids directly from school. At the end of the day, the bus will bring all of the kids back to the Rosemary Recreation Complex.

**Staff:** RRC Staff

**Ages:** Grades K - 5

**Time:** Directly after school until 5:00pm

**Min/Max:** 20/30

**Fees:**  
ing on desti-

Varies depend-  
nation



### **April 6 - XtremeCraze**

**Fee: \$80**

XtremeCraze Foxboro features an enormous indoor inflatable park and the first of its kind inflatable dodgeball court. The air park also includes giant slides, a climbing mountain and much more! This trip will include a slice of pizza for every kid.

### **May 18 - Supercharged**

**Fee: \$85**

Supercharged features the world's largest multi-level karting track, a first of its kind Ninja Wipeout course, Bionic Bumper Cars and an expansive arcade! This trip will include a slice of pizza for every kid.

### **June 1 - Skyhawk Multisports**

**Fee: \$55**

Participants will be brought to Mills Field where they will enjoy an afternoon with Skyhawks Sports. Participants will play a wide variety of sports and activities throughout the afternoon. This trip does not include lunch.

## **Half Days - Glass Fusing Class**

There's something special about glass, there's no doubt about that. From traditional Stained Glass Windows to modern fused glass plates, glass has a way of captivating us. Come, experience for your self the wonders of working with glass to create a fused glass plate. Students will learn how to cut, shape, and design glass safely in order to create their very own fused glass sun catcher. Display your sun catcher in your window for years to come! Note\* All fused glass projects must fire in the kiln and can take up to 2-weeks to be complete. You are responsible for retrieving your pieces from The Glass Bar. We offer shipping services at an additional cost.

**Staff:** The Glass Bar Staff

**Age:** 8 - 16

**Time:** 1:00pm - 2:30pm

**Section 1:** April 6

**Section 2:** May 4

**Section 3:** May 18

**Section 3:** June 1

**Location:** The Glass Bar

**Min/Max:** 4/12

**Fee:** \$55





# SPRING 2022

## **Early Release Day Programs**



Spring Fest 2022

Presented by Needham Public Health and  
Needham Park and Recreation

May 4<sup>th</sup>, 2022

Grades 7 & 8



11:45am-3pm at the Pollard Middle School Gymnasiums



Come join us for our first ever Spring Fest! This new, free event will be filled with activities, food, contests, music, and much more in a safe and fun environment. Bring a friend or come and make new friends while we take part in various activities that such as arts & crafts, dodgeball, Just Dance, cornhole, and many more. Free pizza and snacks will be provided, so please arrive early!

Register for this free event at [needhamprograms.com](https://needhamprograms.com). This is a limited capacity event, so please register early to guarantee your spot. If you have any questions, reach out to us at [parkandrecreation@needhamma.gov](mailto:parkandrecreation@needhamma.gov) or 781-455-7930.



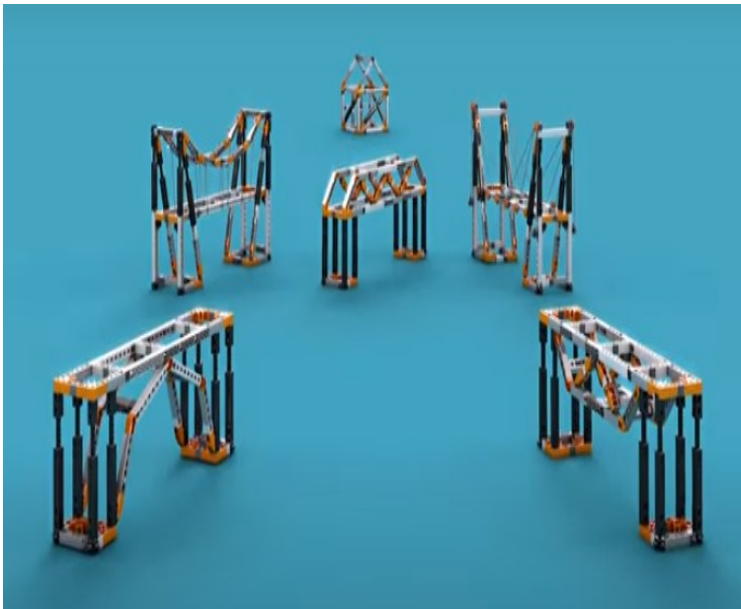
# NEEDHAM PARK & RECREATION

## *April School Vacation Programs*

### **Bridges and Building**

Have you ever been across a bridge and wondered how it works? Get ready to get your mind in motion as you work with and take home your very own Structures Set! Learn all about buildings and bridges and how they literally support our lives! Experiment with different types of bridges and find out how their architectural design provides massive weight support. Discover all the types of forces applied and how engineers manage to reduce their effects. With your kit, you can build up to nine working models such as a house, pyramid, and various types of bridges: beam, arch, truss, cable-stayed and suspension bridge. You will study theory and learn the history of some amazing structures and historical landmarks. Come bring out the architect side of you as you enter the fascinating world of bridges and buildings and explore the magic of STEM!

**Staff:** Minds in Motion Staff  
**Ages:** 7 - 11  
**Dates:** Tuesday, 4/19 - Friday, 4/22  
**Days / Times:** 12:30pm - 3:30pm  
**Location:** Memorial Park Field House  
**Min/Max:** 6/14  
**Fee:** \$155



### **Mini-Hawk Multisport**

This multi-sport program was developed to give children a positive first step into athletics. The essentials of baseball, basketball and soccer are taught in a safe, structured environment with lots of encouragement and a big focus on fun. Our games and activities were designed to allow kids to explore balance, movement, hand/eye coordination, and skill development at their own pace.

**Staff:** Skyhawk Sports Staff  
**Ages:** 4 - 6  
**Dates:** 4/19 - 4/22  
**Days / Times:** Tuesday - Friday, 9:00am - 12:00pm  
**Location:** Pollard Middle School Gyms  
**Min/Max:** 8/20  
**Fees:** \$115



### **Needham Martial Arts:**

#### ***Introduction to Martial Arts***

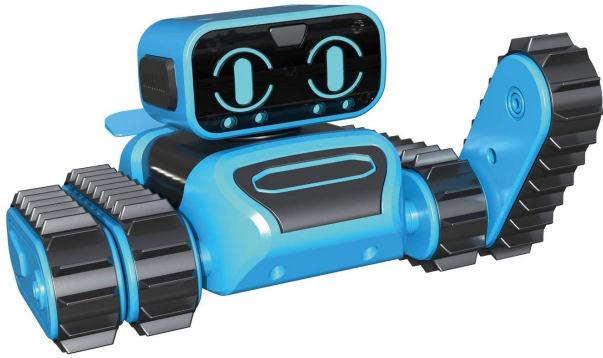
This course has trained instructors that can help your child learn, practice discipline and have fun. Please come with a mask, water bottle, & comfortable exercise clothes. Participants will be barefoot in studio.

**Staff:** Needham Martial Arts Center Staff  
**Grades:** 1 - 5  
**Dates:** 4/19, 4/22  
**Days / Times:** Tuesday- Friday 9:00am - 1:00pm  
**Location:** Needham Martial Arts Studio  
**Min/Max:** 8/20  
**Fee:** \$240





## **April Vacation Programs**



### **RE/CO Robot with Minds in Motion**

Build and take home your very own RE/CO Robot! RE/CO robot is a mechanical off-roading adventure! It comes equipped with an infrared sensor and artificial intelligence. Its ability to be controlled wirelessly, and its tank-like tracks, make it perfect for rugged conditions! With the wireless remote control added, RE/CO Robot can access new play modes like storytelling, singing, dancing, and even programming. Students can enjoy guiding it over all sorts of terrain or allow the friendly robot to lead the way, using its infrared sensor to find a clear path in patrol mode.

**Staff:** Minds in Motion Staff  
**Ages:** 8 - 12  
**Dates:** 4/19 - 4/22  
**Days/Times:** Tuesday - Friday, 9:00am - 12:00pm  
**Location:** Memorial Park Field House  
**Min/Max:** 6/14  
**Fee:** \$155

### **Spring Days at the RRC**

Join Park and Recreation at the RRC during the April school vacation week for fun games and activities! Come for a single day or the entire week!

**Staff:** Park and Recreation Staff  
**Ages:** 6 - 10  
**Dates:** 4/19 - 4/22  
**Day/Times:** Tuesday - Friday, 9:00am - 4:00pm  
**Location:** Rosemary Recreation Complex  
**Min/Max:** 10/25  
**Fees:** Week - \$200 or Daily - \$50

### **S.T.A.R.S.**

During this program, we will be learning about and exploring The Amazon Rainforest and Deforestation.

Throughout the week we will have team-based design challenges, hands-on science demonstrations, and classic camp activities. Within groups, each participant will work on a final project and present at a mock science symposium!

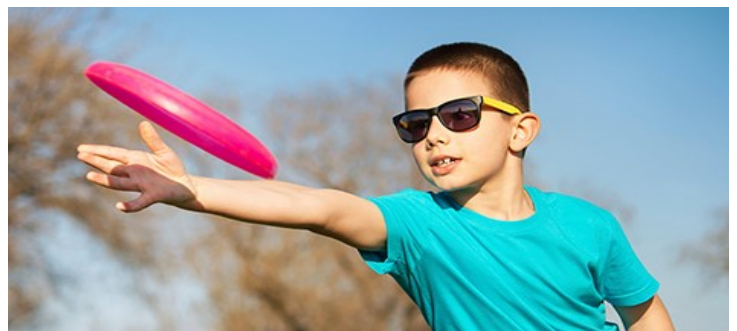
**Staff:** NHS Students  
**Ages:** Grades 4 - 6  
**Dates:** 4/19 - 4/22  
**Days/Times:** Tuesday - Friday, 8:45am - 3:15pm  
**Location:** TBD  
**Min/Max:** 8/20  
**Fees:** Free, but you must register



### **Ultimate Sports**

Skyhawks has taken your favorite games and combined them into an action packed camp! Each day your athlete will play variations of Kickball, Dodgeball, Ultimate Frisbee and Capture the Flag. Participants will learn sportsmanship, teamwork and strategy in addition to the rules of the game.

**Staff:** Skyhawk Sports Staff  
**Ages:** 7 - 12  
**Dates:** 4/19 - 4/22  
**Days / Times:** Tuesday - Friday, 1:00pm - 4:00pm  
**Location:** Pollard Middle School Gyms  
**Min/Max:** 8/20  
**Fees:** \$115



# NEEDHAM PARK & RECREATION

## **GG Leagues League Pass**

We have joined forces with GGLeagues, an online E-sports gaming company, to bring in a new program that offers players a safe and fun way to participate in a community activity from home. E-sports is a rapidly growing competition venue around the world. While we are not going worldwide, we are going statewide by participating in the Metrowest E-sports Rec League through GGLeagues. Details for the upcoming Spring season are below!

**Season Dates:** Week of April 18 - Week of June 6th

**Ages:** 8+ (See below)

**Youth Division Time:** 7:00pm - 8:00pm

**Teen Division Time:** 8:00pm - 9:00pm

**Adult Division Time:** 9:00pm - 10:00pm

**Location:** Online/Virtual

**League Pass Price:** \$50

### **What is the League Pass?**

The GG Leagues League Pass is \$50 and gets you access to any and all of the leagues you are interested in for the spring season. You can take part in just one league on Monday evenings, or you take play in a different league every night!

### **Games, Divisions, and Systems:**

- Rocket League
  - 1v1 and 3v3, on any device
- Madden22
  - 1v1, on PlayStation 5 and Xbox Series X/S
- Super Smash Brothers
  - 1v1, on Nintendo Switch
- Fortnite
  - Solos, duos, on any device
- Mario Kart 8 Deluxe
  - 1v1, on Nintendo Switch

### **Age Divisions:**

There are three age groups that participants can compete in across any of the games: the youth division which is ages 8 - 12, the teen division which is ages 13 - 18 and the adult division which is ages 18+. Please note that there is no youth division for Fortnite.

### **What else do I need to participate besides a League Pass?**

You will need to own the game that you will be playing, a game system or computer, an online service subscription and an internet connection. For example, to take part in the Mario Kart 8 Deluxe league on Mondays, I would need to own Mario Kart 8 Deluxe, a Nintendo Switch, a Nintendo Switch Online Subscription, and have access to the internet.

See the next page for step-by-step instructions on registration





# SPRING 2022

## **GG Leagues League Pass**

### **Redeeming your League Pass:**

Upon completion of registration with Needham Park and Recreation, you will receive a Sponsor Code via email to redeem your pass.

1. Create an account on [GGLeagues.com](https://app.ggleagues.com)
2. Navigate to your Club page (<https://app.ggleagues.com/organization/needham-park-and-recreation>) and hit the 'Get a Needham Park and Recreation pass!' button on the middle of the screen.
3. Once on the pass page, hit 'I have already purchased a pass and need to activate it'.
4. From there, input the Sponsor Code you received in your email

### **For Single Player (1v1) Leagues:**

1. Navigate to <https://app.ggleagues.com/organization/needham-park-and-recreation> and scroll down to see all the leagues offered in your community.
2. Click on the league you would like to participate in, and hit 'Join League' in the top right corner. From there, the website will confirm that you have your season pass. Hit 'Join League' again, and you'll be set to go!

### **For Multiplayer (2v2, 3v3, 4v4, 5v5, 6v6) Leagues:**

1. Navigate to <https://app.ggleagues.com/organization/needham-park-and-recreation> and look for the league passes available at the center of the club page to activate your league pass.
2. One member of the team will create a new team: [www.ggleagues.com/teams/new](https://www.ggleagues.com/teams/new).
3. The remaining team members will join that newly created team. The teammate that created the team can invite the remaining members to the team via the 'Create Instant Invite' button, or the teammates can search the team name here: <https://app.ggleagues.com/teams>.
4. Once all members have joined the team, and each player has set up their League Pass, the team captain will be able to see and register for any esports leagues available on: <https://app.ggleagues.com/organization/needham-park-and-recreation>.

For questions regarding signing up: [support@ggleagues.com](mailto:support@ggleagues.com)



## Adult Classes

### Adult Golf Lessons

*Par! Birdie! Bogey!* What do all of these things have in common? Golf, of course! Let this be the year you learn the game and improve your skills. Lessons are taught by Needham Golf Club's PGA professional instructor.

**Staff:** Harry Rose  
**Age:** 17 years old and up  
**Section 1:** Tuesdays, 4/26 - 5/24  
**Section 2:** Wednesdays, 4/27 - 5/25  
**Time:** 5:30pm - 6:30pm  
**Location:** Needham Golf Club  
**Min/Max:** 4/7  
**Fee:** \$110



### Adult Tennis Lessons - Thursdays

Are you looking for an introduction to basics of tennis? The beginner lessons will cover using forehand and backhand strokes, serving, and understanding the rules of the game. The advanced beginner and intermediate courses are for someone who is looking to develop court strategy and improve their technique. The advanced classes will cover skills like stroke positioning, volleying and serving. Please bring a racquet.

**Staff:** Mike Sabin  
**Age:** 18 years old and up  
**Dates:** 4/28 - 5/27  
**Beginner:** Thursdays, 9:00am - 10:00am  
**Adv. Beg:** Thursdays 10:00am - 11:00am  
**Intermediate:** Thursdays 11:00am - 12:00pm  
**Location:** Mills Tennis Courts  
**Min/Max:** 5/15  
**Fee:** \$75



### Adult Tennis Lessons - Saturdays

*See description under Thursday Lessons*

**Staff:** Benoit Marande  
**Age:** 18 years old and up  
**Dates:** 4/30 - 5/28  
**Beginner:** Saturdays, 9:00am - 10:00am  
**Adv. Beg:** Saturdays, 10:00am - 11:00am  
**Location:** Newman Tennis Courts  
**Min/Max:** 5/8  
**Fee:** \$75

### Basketball

Join us for a weekly night of basketball! We'll put together different teams each week to keep the hoops competition fierce!

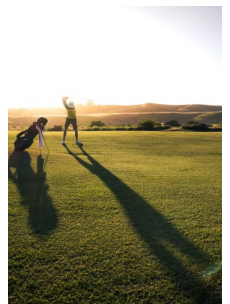
**Staff:** Adam Witham  
**Ages:** 18 years old and up  
**Dates:** 9/29 - 5/4  
**Day/Time:** Wednesdays, 8:00pm - 10:00pm  
**Location:** Needham High School - A Gym  
**Min/Max:** 10/60  
**Fee:** \$30

### Champions Golf League

*Registration for Needham Residents Only*

Formerly the Senior Golf League. This gender-inclusive league is held at the Needham Golf Club. The league is split into competitive and recreational divisions. The competitive division will play from the back tees and the recreational division will play from the front tees. Golf season is 12 weeks long, fee includes any 8 weeks.

**Staff:** Marcia Bernet  
**Age:** 50+  
**Dates:** Tuesdays, 4/26 - 7/12  
**Time:** First group tees off by 9:00am  
Last group tees off by 11:00am  
**Location:** Needham Golf Club  
**Min/Max:** 32/64  
**Fee:** \$280





# NEEDHAM PARK & RECREATION

## Adult Classes

### Dance: Ballroom Dancing

Dancing is a perfect combination of physical activity, social interaction, and mental stimulation. Learn the basic step elements, posture, poise, lead/follow, technique, etc. Dances include: Merengue, Waltz, Foxtrot, Tango, Swing, Rumba, and Salsa/Cha Cha. No partner required. Please wear comfortable shoes.

**Staff:** Paul Hughes  
**Ages:** 15 years old and up  
**Dates:** 4/6 - 6/1  
**Day/Time:** Wednesdays, 8:00pm - 9:00pm  
**Location:** Rosemary Recreation Complex  
**Min/Max:** 6/20  
**Fee:** \$115



### Dance: Line Dancing

Beginner line dancing is great fun while you improve memory skills, strengthen bones, develop better balance, relieve stress, and put a smile on your face. No need to have a partner! Please wear comfortable shoes with smooth soles. No sandals or flip flops.

**Staff:** Paul Hughes  
**Ages:** Adults & the Young at Heart  
**Section 1:** 4/5 - 5/3  
**Day/Time:** Tuesdays, 9:00am - 10:00am  
**Section 2:** 4/6 - 6/1  
**Day/Time:** Wednesdays, 7:00pm - 8:00pm  
**Location:** Rosemary Recreation Complex  
**Min/Max:** 6/20  
**Section 1 Fee:** \$50  
**Section 2 Fee:** \$115

### Fused Glass Workshop

Glass fusing is the bonding of separate pieces of glass by high heat, administered in a kiln. There is a vast range of techniques, and we are always experimenting! Every week we will build on those skills to challenge ourselves and explore deeper the world of glass fusing! Note\* All fused glass projects must fire in the kiln and can take up to 2-weeks to complete. You are responsible for retrieving your pieces.



**Staff:** The Glass Bar Staff  
**Age:** 16 years old and up  
**Dates:** 4/5 - 4/26  
**Day/Time:** Tuesdays, 6:00pm - 9:00pm  
**Location:** The Glass Bar  
**Min/Max:** 2/8  
**Fee:** \$310

### Gender-Inclusive Tennis Social League

USTA New England's Social Tennis League offers the opportunity for players to meet new people through the game of tennis. This league is a great way to improve your skills or get back into tennis in a fun, social environment. Our league places players on teams to play matches each week of the season. The first night is a hit around so players can get some practice in before matches start. Each league session concludes with awards and prizes given out to the winners and captains.

**Staff:** USTA Staff  
**Age:** 21 - 40  
**May Season:** 5/5 - 6/16  
**July Season:** 6/30 - 8/11  
**Day/Time:** Thursdays 6:00pm - 8:30pm  
**Location:** Newman School Tennis Courts  
**Min/Max:** 16/30  
**Fee:** \$70



# NEEDHAM PARK & RECREATION

## Adult Classes

### OnDemand Podcasting:

#### ***Branding to Monetization***

This class will help you cut through the confusion around starting your own podcast. Learn how to plan, build, and grow your podcast into the next big thing. Using high quality videos, examples and demonstration.



**Staff:** Dan Gilman  
**Age:** 21 years old and up  
**Dates:** 4/5 - 5/31  
**Day/Times:** Tuesdays, 6:00pm - 7:15pm  
**Location:** Staples Studios  
**Min/Max:** 4/10  
**Fee:** \$115

### Senior Exercise

These classes are designed to help folks, ages 50 and older stay fit in an enjoyable, social and supportive setting. Emphasis on cardiovascular fitness and endurance, range of motion, and injury prevention!



**Staff:** Shirley Klepadlo  
**Age:** 50 years old and up  
**Dates:** 4/6 - 6/1  
**Day/Time:** Wednesdays, 9:15am - 10:15am  
**Location:** Rosemary Recreation Complex  
**Min/Max:** 10/25  
**Fee:** \$30

### Senior Yoga

Traditional Hatha yoga postures will be used and tailored for the senior population! Increase flexibility, balance, and stretch with some quiet meditation and relaxation. Participants should bring a yoga mat.

**Staff:** Judi Brady  
**Age:** 50 years old and up  
**Dates:** 4/8 - 6/10  
**Day/Time:** Fridays, 10:00am - 11:00am  
**Location:** Rosemary Recreation Complex  
**Min/Max:** 10/30  
**Fee:** \$30



### Yoga - Iyenga Based Flow

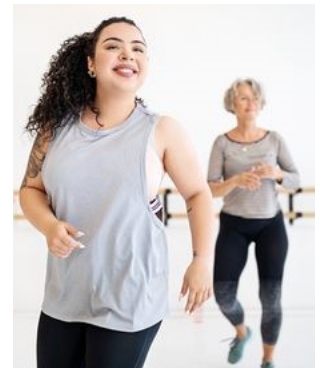
Join us in stretching, balancing, strengthening, and relaxing in our Adult Yoga class. Classes are taught by a certified instructor in a warm and welcoming environment for newbies or long-time yogis at heart.

**Staff:** Verna Gurwitz  
**Age:** 18 years old and up  
**Day/Dates:** Wednesdays, 4/6 - 6/1  
**Beginners:** 6:45pm - 7:45pm  
**Intermediate:** 8:00pm - 9:00pm  
**Location:** Memorial Park Building, 2nd Floor  
**Min/Max:** 5/20  
**Fee:** \$40

### Zumba Gold

Maureen is bringing a welcoming and exciting Zumba class to Needham! This class is designed for Zumba beginners and is perfect for anyone who wants to burn some calories, stay fit and have some fun while they're at it.

**Staff:** Maureen Layden  
**Age:** 18+  
**Dates:** 4/7 - 6/2  
**Day/Time:** Thursdays, 9:00am - 10:00am  
**Location:** Rosemary Recreation Complex  
**Min/Max:** 5/25  
**Fee:** \$30





# NEEDHAM COMMUNITY RESOURCES

## **BASEBALL**

### **American Legion Post #14 Baseball**

A competitive, evening baseball program for Ages 14 - 19. Sign-ups and try-outs will be held in May.

Website: <https://www.legion.org/baseball/teams/2021/ma/305116>



### **Charles River YMCA Tee-Ball & Baseball**

Fall and Spring season programs for Ages 3 - 6, focusing the skills and fundamentals consisting of drills followed by a game, with an emphasis on sportsmanship, teamwork, fun and fair play.

Website: <https://ymcaboston.org/healthy-living/youth-sports/>

### **Needham Summer Baseball**

Competitive travel teams for Ages 14 - 18, competing in leagues with other area towns. Tryouts are held in May.

Website: <http://www.needhambaseball.com/Page.asp?n=64836&org=NEEDHAMBASEBALL.COM>

### **Needham Baseball & Softball**

Spring season runs April through June for Ages 5 - 15. Summer travel team runs mid June through July. Fall Travel Baseball runs September through October.

Website: <http://www.needhambaseball.com/Default.asp?org=NEEDHAMBASEBALL.COM>

## **BASKETBALL**

### **Charles River YMCA Jr. Celtics Basketball**

This Winter program is set up for children in Grade Pre-K - 4th. This program will emphasize sportsmanship, teamwork and wellness.

Website: <https://ymcaboston.org/healthy-living/youth-sports/>



### **Needham Basketball Association**

Instructional program for youth in Grades 1 - 4. The season is held from January through mid March.

Website: <http://needhambasketball.com/>

### **Needham Metrowest Basketball League**

An instructional, competitive, grade based regional travel Fall/Winter program for Grades 4 - 8. Tryouts are held in September, practices are twice a week, and start early November, one game per week starting early December (Sundays) and all teams compete in playoffs through mid March.

Website: <https://www.needhammetrowestbball.com/>

### **St. Joseph's Basketball**

An in-town league for everyone Grades 5 - 8 in which everyone plays and no one is cut. The season runs from November through March.

Website: <https://www.stjosephparishneedham.com/101>

## **CHEERLEADING**

### **Needham Jr. Football & Cheer**

Needham Junior Cheerleading is a recreational program open to children in Grades 2 - 8. We emphasize spirit, teamwork, safety and commitment.

Website: <https://needhamfootball.net/cheer/>



## **FIELD HOCKEY**

### **Needham Youth Field Hockey**

Teaches fundamental field hockey skills, introduce team play while encouraging good sportsmanship and is offered to Grades 1 - 6 for our Fall season, and Grades 1 - 7 in the Spring.

Website: <https://www.needhamyouthfieldhockey.com/>



## **FOOTBALL & CHEERLEADING**

### **Charles River YMCA Flag Football**

An instructional program in the Spring and Fall for Ages 5 - 11 focusing on the basic fundamentals and game rules with an emphasis on sportsmanship and fair play.

Website: <https://ymcaboston.org/healthy-living/youth-sports/>



# NEEDHAM COMMUNITY RESOURCES

## **Needham Flag Football League "NFL"**

Needham Flag Football is a Fall season, non-contact, coed league for youth in Grades K - 8. We are a member of the nationally known NFL Flag League.

Website: <https://www.needhamflagfootball.com/>

## **Needham Junior Football & Cheerleading**

These programs are for youth in Grades 2 - 8. The season runs from early August through November.

Website: <https://needhamfootball.net/football/>



## **HOCKEY**

### **Needham Youth Hockey Association Inc.**

A Winter youth hockey program for youth, Ages 4 - 17, with an emphasis on developing skills, fun, sportsmanship, respect and fair play.

Website: <http://www.nyha.org/>



## **LACROSSE**

### **Needham Girls' Lacrosse**

Developmental lacrosse programs for girls in Grades 1 - 8. The primary season is in Spring, though there are also clinics and a "fall ball" program for girls in Grades 5 - 8.

Website: <http://www.needhamlacrosse.com/>

### **Needham Boys' Lacrosse**

These Spring & Fall season programs for Grades K - 8 are designed to teach necessary skills needed to succeed in lacrosse as well as to expand upon already learned skills at an age-appropriate level.

Website: <http://www.needhamboyslacrosse.com/>



### **128 Lacrosse**

128 Lacrosse Club is a select High School Boys Lacrosse club. The program is separated into three seasons (Fall Ball Team, Winter Skills, and Summer Teams).

Website: <http://www.128lacrosseclub.com/>

## **SOCCER**

### **Charles River YMCA Pre-School Soccer**

Program is offered for Ages 3 - 6. This program focuses on learning the basic fundamentals and rules followed by a game with an emphasis on fun and sportsmanship.

Website: <https://ymcaboston.org/healthy-living/youth-sports/>

### **Needham Soccer Club**

For Grades 1 - 12 (Ages 7 - 18), the purpose of the club is to promote and enhance the game of soccer.

Website: <http://needhamsoccer.com/>



## **SOFTBALL**

### **Needham Baseball & Softball**

Spring is for Grades K - 8 and requires no prior softball experience and includes professional skills training. Year round travel softball for Ages 8 - 18 focuses on skill development and competitive games.

Website: <http://www.needhambaseball.com/Page.asp?n=73850&org=needhamsoftball.com>



## **SWIMMING**

### **Charles River YMCA Swimming**

Swim lessons, adaptive aquatics and exercise, Special Olympics Swim Team for Ages 6 and up. Competitive Swim Teams for Ages 5 and up.

Website: <https://ymcaboston.org/healthy-living/healthy-living-swimming/swimming-lessons/>



## **TRACK & FIELD**

### **Needham Track Club**

Summer season for Ages 3.5 - 14 offers training and low-key competition with emphasis on fun. Fall season for 7 - 14 is a cross country program. Winter season for Ages 7 - 14 is an indoor program featuring practice, training and meets.

Website: <http://www.needhamtrack.org/>





NEEDHAM COMMUNITY RESOURCES

Needham Fields

Locations	Basketball	Tennis Court	Baseball	Soccer	Softball	Football	Track	Turf	Bating Cages	Trail Access	Pavillion	Open Field	Open Water	Bathrooms	Playground	Toddler Lot	Benches
Avery Field																	
Beaumont Park																	
Broadmeadow School																	
Claxton Field																	
Crocker Field																	
Defazio Park																	
Dwight Park																	
Elliott School																	
Greene's Field																	
Hatfield Park																	
High Rock School																	
Memorial Field																	
Mills Field																	
Mitchell School																	
Needham High School																	
Newman School																	
Perry Park																	
Poland Middle School																	
Ridge Hill																	
Riverside Park																	
Rosemary Recreation																	
Sunka Williams School																	
Thorp School																	
Walker Gordon																	

# NEEDHAM PARKS, PLAYGROUNDS, FIELDS & FACILITIES

## **Avery Field - Webster Street**

*Amenities:* One youth diamond.

*Parking:* Street parking only.

*Dogs:* Must be leashed at all times. Please don't allow dogs to defecate on playing fields or in playgrounds.

## **Broadmeadow School - 120 Broadmeadow Road**

*Amenities:* Two youth diamonds. Playground for with equipment for Ages 3 - 5 and Ages 5 - 12.

*Parking:* Park in the lower parking lot, off of Broadmeadow Road, to the right of the school.

*Dogs:* Must be leashed at all times. Please don't allow dogs to defecate on playing fields or in playgrounds.

## **Claxton Field - Central Avenue**

*Amenities:* Two adult softball diamonds. Playground with equipment for Ages 3 - 5 and Ages 5 - 12. Picnic area with grills. Public restrooms

*Parking:* The parking lot is located off of Central Avenue, across from the RTS entrance. There is no parking on Central Avenue.

*Dogs:* Must be leashed at all times. Please don't allow dogs to defecate on playing fields or in playgrounds.

## **Cricket Field - Hillside Avenue**

*Amenities:* Two multi-purpose fields. Playground with equipment for Ages 3 - 5. Half basketball court.

*Parking:* All players and spectators should park in the spaces along Sunnyside Road.

*Dogs:* Must be leashed at all times. Please don't allow dogs to defecate on playing fields or in playgrounds.

## **DeFazio Park - 380 Dedham Avenue**

*Amenities:* Two synthetic multi-purpose fields with lights. Two grass multi-purpose fields. One 60' diamond & one 90' diamond. 8 - lane synthetic track. Playground with equipment for Ages 3 - 5 and Ages 5 - 8. Picnic area with grills. Public restrooms.

*Parking:* Park in an orderly manner leaving spaces for emergency vehicles. **Do not park in fire lanes.** There is **no parking** on Dedham Avenue, George Abbot Road other neighborhood streets, or on the fields.

*Dogs:* **Town of Needham By-Law: NO Dogs at DeFazio, except for certified service dogs.**

## **Dwight Field - Dwight Road**

*Amenities:* One youth diamond.

*Parking:* Park in parking lot. Keep children away from steep hill for their safety.

*Dogs:* Must be leashed at all times. Please don't allow dogs to defecate on playing fields or in playgrounds.

## **Eliot School - 135 Wellesley Avenue**

*Amenities:* One youth diamond. Playground with equipment for Ages 3 - 5 and Ages 5 - 8.

*Parking:* Parking is available in school lot. No vehicles are permitted on the playground area.

*Dogs:* Must be leashed at all times. Please don't allow dogs to defecate on playing fields or in playgrounds.

## **Greene's Field - Pickering Street**

*Amenities:* One youth diamond. One small multi-purpose grass field. Playground with equipment for Ages 3-12.

Basketball court. Passive park. Picnic area.

*Parking:* Park on Pickering Street. Parking is not permitted at the Stephen Palmer Building.

*Dogs:* Must be leashed at all times. Please don't allow dogs to defecate on playing fields or in playgrounds.

## **High Rock School - Sylvan Road**

*Amenities:* One youth diamond. One multi-purpose grass field.

*Parking:* Please park in the school parking lot. Street parking is only permitted on the Linden Chambers Apartments side of Linden Street.

*Dogs:* Must be leashed at all times. Please don't allow dogs to defecate on playing fields or in playgrounds.

## **Memorial Park - 92 Rosemary Street**

*Amenities:* One synthetic multi-purpose field with lights.

One synthetic 60' diamond with lights. One grass 90' diamond with lights. Outdoor gazebo. Public restrooms.

*Parking:* Use parking lot or high school lot for auxiliary parking. Do not block emergency access. Please be courteous to neighbors.

*Dogs:* **Town of Needham By-Law: NO Dogs at Memorial Park, except certified service dogs.**

# NEEDHAM PARKS, PLAYGROUNDS, FIELDS & FACILITIES

## **Mills Field - 96 Gould Street**

*Amenities:* One youth diamond. Tennis courts. Playground with equipment for Ages 3 - 6. Picnic area with grills. Basketball court. Public restroom.

*Parking:* Be courteous to neighbors when parking. No parking is permitted on the basketball courts.

*Dogs:* Must be leashed at all times. Please don't allow dogs to defecate on playing fields or in playgrounds.

## **Mitchell School - 187 Brookline Street**

*Amenities:* Two youth diamonds. Playground with equipment for Ages 5 - 12. Basketball court.

*Parking:* Parking available off Brookline Street and Lindbergh Avenue. Be courteous to neighbors.

*Dogs:* Must be leashed at all times. Please don't allow dogs to defecate on playing fields or in playgrounds.

## **Needham High School - 609 Webster Street**

*Amenities:* One small grass multi-purpose field. Tennis Courts.

*Parking:* Park in designated areas only. Do not block emergency vehicle access.

*Dogs:* Must be leashed at all times. Please don't allow dogs to defecate on playing fields or in playgrounds.

## **Newman School - 1155 Central Avenue**

*Amenities:* Three youth diamonds. Playground with equipment for Ages 3 - 6 and Ages 5 - 12. Tennis Courts.

*Parking:* Do not block the tennis bang board when parking. Groups using Newman #3 should park to the left of the Newman School and walk through the path to the field. There is no parking on Central Avenue or the berm adjacent to the field.

*Dogs:* Must be leashed at all times. Please don't allow dogs to defecate on playing fields or in playgrounds.

## **Off Leash Dog Space - Pine Street**

*Amenities:* Open, fenced in space for dogs.

*Parking:* Park in designated areas only. Do not block emergency vehicle access.

*Dogs:* Yes please!

## **Perry Park - Beaufort Avenue**

*Amenities:* One youth diamond. Playground with equipment for Ages 3-6. Basketball Court.

*Parking:* Park along the field, not at the fire hydrant or corner. Be courteous to neighbors.

*Dogs:* Must be leashed at all times. Please don't allow dogs to defecate on playing fields or in playgrounds.

## **Pollard Middle School - 200 Harris Avenue**

*Amenities:* One youth diamond. One multi-purpose grass field. Asphalt recreation area. Pop-Up skate park.

*Parking:* Parking available off of Bradford Street in parking lot at rear of school. Do not block emergency access.

*Dogs:* Must be leashed at all times. Please don't allow dogs to defecate on playing fields or in playgrounds.

## **Riverside Park - Riverside Street**

*Amenities:* One small multi-purpose grass field.

Playground with equipment for Ages 3 - 6.

*Parking:* Park adjacent to the park, and be courteous to neighbors.

*Dogs:* Must be leashed at all times. Please don't allow dogs to defecate on playing fields or in playgrounds.

## **Sunita Williams School - 585 Central Avenue**

*Amenities:* One small multi-purpose synthetic field.

Playgrounds with equipment for Ages 3 - 5 and Ages 5 - 12. Two half basketball courts.

*Parking:* Parking is in the front, one playground is in front and the other is in the back.

*Dogs:* Must be leashed at all times. Please don't allow dogs to defecate on playing fields or in playgrounds.

## **Walker-Gordon - 174 Charles River Street**

*Amenities:* One 90' diamond. Playground with equipment for Ages 3 - 5. Half basketball court. Passive park. Fishing is permitted in Walker Pond.

*Parking:* Park only the parking lot, in an orderly manner, leaving emergency access. Do not park on grassy areas. Be respectful of neighbors.

*Dogs:* Must be leashed at all times. Please don't allow dogs to defecate on playing fields or in playgrounds.



# How Do I.....?

## **How do I reserve a field or playground?**

- Step 1: Click <https://www.needhamma.gov/4990/Field-and-Special-Event-Permitting>
- Step 2: Fill out all of the questions in as much detail as possible
- Step 3: Upload your organization or personal Certificate of Insurance
- Step 4: Upload any additional documents necessary
- Step 5: Read the fee schedule and joint policy between the Park & Recreation Commission and the Memorial Park Trustees
- Step 6: Click Submit

Once received, we will bring your request to the next Commission Meeting. The Park and Recreation Commission typically meets on the 2nd and 4th Mondays of each month, so please plan accordingly. Permits cannot be reviewed or approved in between meetings. If approved, the office will contact you directly with the approved permit as well as any costs associated with your request.

### PLEASE NOTE:

- You **MUST** be a resident, business or non-profit organization in Needham in order to make a reservation.
- There is no exclusive use of playgrounds. If you are reserving a playground, it will still be available to the public at large.
- Bathrooms are available at DeFazio, Claxton, Memorial & Mills subject to winterization.
- Greene's Field Playground can not be permitted.
- School playgrounds are not available for any use during school hours.

Needham is experiencing an overwhelming number of requests for field space for many youth and adult sports. Parks are seeing a significant increase in the number of people, cars, and **trash**. In order to keep our children and parks safe, we ask that everyone visiting a Needham park or field follow these guidelines:

- Pick up and dispose of trash properly. Trash attracts bees and wild animals.
- Trash is picked up by trucks so barrels need to be located at entrances. Please do not move or relocate any of the barrels. If barrels are full, please remove your trash from the site. Some school sites do not have barrels due to the number of students with allergies to bees.
- Report any unsafe field conditions immediately to a league supervisor or the Department.
- Park in designated areas. If parking on the street is necessary and allowed, please park in a manner that will allow emergency vehicles to access the fields and neighboring homes.  
*Parking in fire lanes, in crosswalks, and in front of fire hydrants is illegal and unsafe!*
- Be considerate of all park neighbors, leaving enough room for access to driveways, and do not park on their lawns.
- **Town of Needham By-Law: NO Dogs at DeFazio or Memorial complexes, except certified service dogs.** At all other fields, dogs must be leashed at all times.



**COMING  
SOON**  
STAY TUNED!



**Our Summer Brochure including the Pool information will be coming out in just a few weeks. Keep an eye on our social media!!**